

EMAIL LIST

If you don't already receive our emails and want to, please email kspain@watervliethousing.org with your name and apartment number to be added to our list. We will be able to send you important information about work being done around the sites, community events, and any policy changes being made at the Watervliet Housing Authority. Please be sure the office has all of your contact information up to date in our system including a working phone number, email address, and current license plate number. We **need** to be able to contact you efficiently.



WATERLIET HOUSING AUTHORITY
 EXECUTIVE DIRECTOR, MATTHEW ETHIER
 (518) 273-4717
 2400 2ND AVENUE, WATERLIET, NY
 WWW.WATERLIETHOUSING.ORG



MAY 2023

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5 LAST DAY RENT IS DUE	6
7	8	9	10 ABRAM HILTON INSPECTIONS APTS 1-15 APTS 16-30		12	13
14 MOTHER'S DAY	15	16	17	18	19	20
21	22 WHA BOARD MEETING	23	24	25	26	27
28	29 MEMORIAL DAY OFFICE CLOSED	30	31			

CHILDREN AT PLAY

Summer is almost here, and with it comes lots of free time for children. In order for their summer to be relaxed, healthy, and safe, parents need to make sure they are monitoring their children. Monitoring your children also helps them avoid negative peer pressure. This is a very high probability in the summer when there is often fewer adults involved in your child's daily activities. By monitoring your children, we mean keeping track of and watching over your kids- having them check in and having them report where they are, who they are with, and what they are doing. Regardless of the age of your children, monitoring their activity is vital to their well-being. It keeps parents involved and assures your children that you care about them and their safety. An additional benefit is that your kids will have fewer opportunities to get into trouble because they aren't spending too much unsupervised time with other children.

HILTON INSPECTIONS

Hilton annual inspections will be held on May 10th and May 11th beginning at 10 AM. Please make sure ALL items are removed from the window area. Remove all items off the top of your stove and off the burners. You do not need to be home for the inspection. The inspection schedule is as follows:

May 10th **Apartments 1-15**
May 11th **Apartments 16-30**

OUTSIDE STORAGE

No outside storage of any kind is permitted, such as trailers, basketball hoops, trampolines, etc. All patio furniture must be in the rear of the apartment and also be in a clean state. No inside furniture shall be stored outside. Excessive amounts of children's toys may distract from the overall appearance of the property, and will not be permitted. Excess furniture and toys not stored properly will be disposed of my maintenance, and the resident will be charged for removal.

CONTACTING THE WHA OFFICE

When contacting the WHA office by e-mail- especially when you are including attachments- please call WHA staff directly if you do not receive a response in a reasonable amount of time. For security purposes, we have a strict firewall attached to our e-mails, and many times messages with attachments simply don't come through. We rely on you to keep all lines of communication open.

HAPPY MOTHER'S DAY

Happy Mother's day to everyone at the WHA!
We hope you all enjoy your special day!

HEALTH TIPS

Your food and physical activity choices each day affect your health- how you feel today, tomorrow, and in the future. Suggestions for a healthier diet include: making at least half of your grain consumption whole grains, varying your vegetables, focusing on fruits, getting plenty of calcium rich foods, and going lean with protein!

WORLD MULTIPLE SCLEROSIS DAY

May 30th is world Multiple Sclerosis (MS) Day. MS is a potentially disabling disease of the central nervous system (brain and spinal cord). It is estimated that 2.5 million people live with MS worldwide. The cause of MS is unknown, and the symptoms vary greatly. To find out more about how to contribute to this cause, please visit worldmsday.org.

OUTDOOR GRILLS

The use of charcoal grills is prohibited on WHA grounds. Propane grills are allowed. For the safety of all tenants, all grills must be 10 feet away from all buildings and can be put back closer to your building 1 hour after use. Always remember to turn off the propane when you are done using your grill. Additionally, wood/gas fire pits and the outside storage of firewood is not permitted on any of the sites.

POOL POLICY

Only small infant swimming pools are permitted and must be emptied on a daily basis to avoid the possibility of children falling into the pool. Once they are emptied, they must be put against your building until it is used again. Failure to do so could result in back charges. Pools can not be any higher than 18" or they will be removed.

AIR CONDITIONERS

Please remember, you must have a 2x4 piece of wood under your air conditioner to protect the storm windows. The unit cannot be placed on the storm window or it will damage the frame. If you need the 2x4's, we will supply them free of charge. Please save the 2x4's to reuse the following year.

LAPTOPS FOR GRADUATING SENIORS

If your child is graduating high school this year **and** they will be attending college in the fall of 2023, please contact Kylea for an application to see if they qualify to receive a laptop, courtesy of the WHA and our community partners. There will be more information to come. Call Kylea at (518)273-4717 x100 or via email at kspain@watervliethousing.org.

STOVE TOPS

Make sure you clean your drip pans on your stove regularly. Grease can build up and cause a larger problem later on. Be sure your stove top and the surrounding areas are also cleaned regularly!

WVLT REMEMBERS AND HONORS VETERANS

Don't forget to tune in to channel 1303 from Sunday, May 28th through Saturday, June 4th to see photos of current and past members of the military, and fallen heroes from our community that have fought for our country. The video can also be found on our Youtube page! **We would like to thank all Veterans and active members of all branches of the military.**